the pick adapted to be held by the user and to be moved in a contacting and strumming relationship with the strings of the musical instrument;

a thumb sleeve adapted for disposition on/the thumb of the user;

attachment means including a first structure carried by the sleeve and a second structure carried by the pick, the attachment means being adapted for releasably attaching the pick to the sleeve;

the attached pick being moveable by the fingers of the user between a first position and a second position spaced from the first position on the meatus of the thumb;

wherein the pick has a generally planar configuration and the combination further comprises:

a pad disposed on/the side of the pick opposite the attachment means; and

the pad having a first surface generally parallel to the plane of the pick and a second surface generally non-parallel to the plane of the pick.